

## Master 55 Women 10k Road Race Series Results

POSITION	NAME	CLUB	NEWPORT	CAERPHILLY	HELENA TIPPING	SWANSEA BAY	RICHARD BURTON	TOTAL
1	NIKI MORGAN	CHEPSTOW HARRIERS	30	30				60
2	MICHELLE GOOCH	PONTYPOOL AND DISTRICT RUNNERS	28	28				56
3	JULIE GOULD	ISLWYN RUNNING CLUB	5	26				31
4	CHERYL FROST	NORTH WALES ROAD RUNNERS			30			30
5	DEB PUGH	WREXHAM AAC			29			29
6	JAYNE EVANS	CAERPHILLY RUNNERS		29				29
7	LOU SUMMERS	SARN HELEN	29					29
8	NICOLA WYLIE	NORTH WALES ROAD RUNNERS			28			28
9	CAROLINE TURNER	YSTRAD MYNACH RUNNERS	27					27
10	IRENE BLOUNT	BUCKLEY RC			27			27
11	JANE OGILVIE	BRACKLA HARRIERS		27				27
12	ANNA ROBERTS	WRECSAM TRI			26			26
13	YVONNE BULLEN	LES CROUPIERS	26					26
14	DAWN ROGERS	NEW FOREST RUNNERS		25				25
15	KERAN TALBOT	LLISWERRY RUNNERS	25					25
16	LISA CLEARY			24				24
17	PAULA WILFORT	CORNELLY STRIDERS AC	24					24
18	ANDREA WEBSTER	LES CROUPIERS RC		23				23
19	KAY LEWIS	PORTISHEAD RUNNING CLUB	23					23
20	CAROLYN THOMAS	DRAGONS RUNNING CLUB	22					22
21	JULIE COUZENS	BRACKLA HARRIERS		22				22
22	LIZ PUGH	SARN HELEN	21					21
23	MICHELE DEAL	PONTYPOOL & DISTRICT		21				21
24	JAN FROST	PENARTH & DINAS RUNNERS		20				20
25	SUE POTTER	PEGASUS RUNNING CLUB	20					20
26	DEBBIE REES	PENARTH AND DINAS RUNNERS		19				19
27	LYNDA BRANCH		19					19
28	JUSTINE BLABER	LLISWERRY RUNNERS	18					18
29	MARY BEECH	BRACKLA HARRIERS		18				18
30	CATH DICKENSON	CAERPHILLY RUNNERS		17				17
31	NICOLA RICKARD	PORTISHEAD RUNNING CLUB	17					17
32	CLARE ELLIOTT	CAERPHILLY RUNNERS		16				16
33	LINDSAY WOODARD		16					16
34	JULIA CHURTON	CAERPHILLY RUNNERS		15				15
35	KAREN THOMAS		15					15
36	CHRIS THOMAS	BUILTH & DISTRICT RUNNING CLUB		14				14
37	JENNET JAMES	CORNELLY STRIDERS AC	14					14
38	CAROLE PHILLIPS	SWINDON STRIDERS	13					13
39	JULIE BURKITT	CAERPHILLY RUNNERS		13				13
40	MARY MURRAY		12					12
41	SIAN FIELDING			12				12
42	DEBBIE CUMMING	ALBANY ROAD RUN CLUB		11				11

43	SIAN KHALIL	PONTYPRIDD ROADENTS AC	11				11
44	MELANIE GRAHAM	BUILTH & DISTRICT RUNNING CLUB	10				10
45	TANIA JONES	TEAM REES		10			10
46	BRENDA AVERY	CHEPSTOW HARRIERS	9				9
47	KATE JENNINGS			9			9
48	ISABEL O'DONOVAN		8				8
49	ROSE TRIGG	ISLWN RC		8			8
50	ANDREA CLARK		7				7
51	KAREN SOUTHGATE	PONTYPWL & DISTRICT RUNNERS		7			7
52	RACHEL KENNEDY		6				6
53	SANDRA EDWARDS	PARC BRYN BACH RUNNING CLUB		6			6
54	BETHAN BANKS			5			5
55	CHERYL GRIFFITH	YSTRAD MYNACH RUNNING CLUB		4			4
56	JEAN MARCHANT	PONTYPRIDD ROADENTS AC	4				4
57	VICKI BISHOP	YSTRAD RUNNERS		3			3
58	VIVIENNE GUSH	PORTHCAWL RUNNERS	3				3
59	ALISON MORGAN	CAERPHILLY RUNNERS		2			2
60	CAROLYN WINDOS	CORNELLY STRIDERS AC	2				2
61	KATHRYN MOUNTAIN		1				1